

# 2009 Ranch Swim Team Schedule

## May and June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18 4:00 - 5pm (13-18) 5:00 - 6pm (8 - 12)	19 4:00 - 5pm (13-18) 5:00 - 6pm (8 - 12)	20 4:00 - 5pm (13-18) 5:00 - 6pm (8 - 12)	21 4:00 - 5pm (13-18) 5:00 - 6pm (8 - 12)	22 4:00 - 5pm (13-18) 5:00 - 6pm (8 - 12)	23
24	25 <b>Memorial Day</b>	26 4:00 - 5pm (13-18) 5:00 - 6pm (8 - 12)	27 4:00 - 5pm (13-18) 5:00 - 6pm (8 - 12)	28 <b>Last Day of School</b>	29 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	30
31	1-Jun 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	2 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	3 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	4 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b> <b>Meet Sign Up</b>	5 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	6 <b>Barracudas @ The Ranch</b>
7	8 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	9 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	10 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	11 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b> <b>Meet Sign Up</b>	12 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	13 <b>The Ranch @ Lafayette</b>
14	15 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	16 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	17 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	18 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b> <b>Meet Sign Up</b>	19 <b>Team Practice</b> 8 - 9:30 am <b>Team Pictures</b>	20 <b>Louisville @ The Ranch</b>
21	22 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	23 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	24 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	25 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	26 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	27 <b>BYE</b>
28	29 <b>Pentathlon</b>	30 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>				

## July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1-Jul 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	2 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	3 <b>Team Practice</b> 8 - 9:30 am	4
5	6 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b> <b>Meet Sign Up</b>	7 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	8 <b>Rally @ The Ranch</b>	9 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b> <b>Meet Sign Up</b>	10 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	11 <b>The Ranch @ Fox Hill</b>
12	13 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	14 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b>	15 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	16 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am <b>OPT - 6 - 7pm</b> <b>Meet Sign Up</b>	17 6:30-8:15 am 8:00-9:15 am 9:00-10:00 am 9:45-10:30 am	18 <b>The Ranch @ MeadowGlen</b>
19	20 <b>8 &amp; U Prelims</b> <b>Boulder CC</b> 7 am w/ up 8 am start <b>Practice 1 7-8</b> <b>Practice 2 8-9</b>	21 <b>9 &amp; 10 Prelims</b> <b>Rock Creek</b> 7 am w/ up 8 am start <b>Practice 1 7-8</b> <b>Practice 2 8-9</b>	22 <b>11 &amp; 12 Prelims</b> <b>Louisville</b> 7 am w/ up 8 am start <b>Practice 1 7-8</b> <b>Practice 2 8-9</b>	23 <b>13 &amp; Up Prelims</b> <b>Northglenn</b> 7 am w/ up 8 am start <b>Practice 1 7-8</b> <b>Practice 2 8-9</b>	24 <b>Team Practice</b> 8 - 9:30 am	25 <b>Finals</b> <b>George Myers</b>
26 <b>Banquet @ 5pm</b>	27	28	29	30	31	1-Aug

**Ages 15 - 18 practice 6:30 - 8:15 in the morning**  
**Ages 11- 14 practice 8:00 - 9:15 in the morning**  
**Ages 9 - 10 practice 9:00 - 10:00 in the morning**  
**Ages 8 and under practice from 9:45 - 10:30 in the morning**

No one will be allowed to "swim up."

Optional practices will be offered Monday, Tuesday, and Thursday Nights from 6 - 7 pm

Team Pictures: 8:00 - Ages 13 to 18 Individual Photos, 8:30 - Ages 12 & Under Individual Photos, 9:00 - Group Photo



The Ranch  
Country Club